

Brentwood—Romford

via Herongate, West Horndon and Upminster

Limited stop**Basildon—Romford**

via Laidon, West Horndon and Upminster

Eastern National 226**Eastern National 403****Mondays to Saturdays**

	226	403	226	403	226	403	226	403	226	403
	NS	S								
Brentwood Rail Station	0730		0900				1300			
Brentwood White Horse	0737		0905		1105		1305		1505	
Norman Cres. Junc. Pondfl. Lane	0747		0915		1115		1315		1515	
Herongate Church	0754		0922		1122		1322		1522	
Basildon Bus Station		0805		1010		1210		1410		1640
Gt. Knightleys Plough & Tr. GK3		0809		1014		1214		1414		1644
Laindon Link Tyler Ave. LL4		0813		1017		1217		1417		1647
Laindon Shop. C. High Rd. LA2		0814		1019		1219		1419		1649
Laindon Fortune of War LAS		0816		1021		1221		1421		1651
E. Horndon Halfway Hse Foyer	0757	0822	0925	1027	1125	1227	1325	1427	1525	1657
West Horndon Rail Station	0800	0824	0928	1029	1128	1229	1328	1429	1528	1659
Cranham Jobbers Rest	0807	0830	0935	1035	1135	1235	1335	1435	1535	1705
Upminster St. Lawrence Church	0813	0835	0940	1040	1140	1240	1340	1440	1540	1710
Upminster Bridge Station	0816	0838	0943	1043	1143	1243	1343	1443	1543	1713
Hornchurch White Hart	0820	0843	0948	1048	1148	1248	1348	1448	1548	1718
Romford St. Edwards Way	0831	0856	0959	1101	1159	1301	1359	1501	1559	1731

Romford—Brentwood

via Upminster, West Horndon and Herongate

Limited stop**Romford—Basildon**

via Upminster, West Horndon and Laindon

Eastern National 226**Eastern National 403****Mondays to Saturdays**

	226	403	403	226	403	226	403	226	403	226	403
	NS	S	NS								
Romford St. Ed. Way	0835	0910		1010	1110	1210	1310	1410	1510	1610	1710
Hornchurch White Hart	0846	0923		1021	1123	1221	1323	1421	1523	1621	1721
Upminster Bridge Station	0850	0928		1026	1128	1226	1328	1426	1528	1626	1726
Upminster St. Lawrence Ch.	0853	0931	0931	1029	1131	1229	1331	1429	1531	1629	1729
Cranham Jobbers Rest	0859	0936	0936	1034	1136	1234	1336	1434	1536	1634	1734
West Horndon Rail Station	0906	0942	0942	1041	1142	1241	1342	1441	1542	1641	1741
E. Horndon Halfway Hse Foyer	0909	0944	0944	1044	1144	1244	1344	1444	1544	1644	1744
Laindon Fortune of War LAS		0950	0950		1150		1350		1550		1820
Laindon Shop Ctr L'n Lk. LL6		0952	0952		1152		1352		1552		1822
Laindon Link Tyler Ave. LL4		0954	0954		1154		1354		1554		1824
Gt. Knightleys Plough & T. GK3		0957	0957		1157		1357		1557		1827
Basildon Bus Station		1001	1001		1201		1401		1601		1831
Herongate Church	0912			1047		1247		1447		1647	1747
Norman Cres. Junc. Pondfl. Lane	0919			1054		1254		1454			
Brentwood White Horse	0928			1103		1303		1503		1658	1803
Brentwood Rail Station	0933					1308		1508			

—Bus stop near Rail Station. \ominus —Bus stop near Underground Station. NS—Not Saturdays. S—Saturdays only.

Service 403 stopping points:

Service 403 stops only at points shown between Basildon and Cranham then all stops between Cranham and Romford.